



The Avon

www.theavon.ie



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High Octane!

A Seriously Active Corporate Day

Get out from behind the desk, dust off the cobwebs and have some serious fun with your work colleagues.

The day has a competitive flavour which sees the group competing against each other in teams and culminating in a high octane grande finale.

The challenges involve:

- Climbing
- Raft building
- Kayaking
- Archery
- Foot orienteering
- Bike orienteering
- Air rifling
- Zipline

A serious day out of the office!



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